

## FIS SKI JUMPING CONTINENTAL CUP + FIS CUP SUMMER 2019

| Date              | Day | COC Men          | COC Women        | FIS Cup Women/Men           |
|-------------------|-----|------------------|------------------|-----------------------------|
| <b>I. Period</b>  |     |                  |                  |                             |
| 05.07.            | Fri | Kranj, SLO       |                  |                             |
| 06.07.            | Sat | Kranj, SLO       |                  | Szczyrk, POL (Women/Men)    |
| 07.07.            | Sun |                  |                  | Szczyrk, POL (Women/Men)    |
| 11.07.            | Thu |                  |                  | Schuchinsk, KAZ (Women/Men) |
| 12.07.            | Fri |                  |                  | Schuchinsk, KAZ (Women/Men) |
| 13.07.            | Sat | Schuchinsk, KAZ  | Schuchinsk, KAZ  |                             |
| 14.07.            | Sun | Schuchinsk, KAZ  | Schuchinsk, KAZ  |                             |
| 03.08.            | Sat |                  |                  | Ljubno, SLO (Women/Men)     |
| 04.08.            | Sun |                  |                  | Ljubno, SLO (Women/Men)     |
| 08.08.            | Thu |                  | Szczyrk, POL     |                             |
| 09.08.            | Fri |                  | Szczyrk, POL     |                             |
| 10.08.            | Sat | Wisla, POL       |                  |                             |
| 11.08.            | Sun | Wisla, POL       |                  |                             |
| 16.08.            | Fri | Frenstat, CZE    |                  |                             |
| 17.08.            | Sat | Frenstat, CZE    |                  | PyeongChang, KOR (Men)      |
| 18.08.            | Sun |                  |                  | PyeongChang, KOR (Men)      |
| <b>II. Period</b> |     |                  |                  |                             |
| 24.08.            | Sat |                  |                  | Rasnov, ROU (Women/Men)     |
| 25.08.            | Sun |                  |                  | Rasnov, ROU (Women/Men)     |
| 31.08.            | Sat | Rasnov, ROU      |                  |                             |
| 01.09.            | Sun | Rasnov, ROU      |                  |                             |
| 14.09.            | Sat | Lillehammer, NOR | Lillehammer, NOR |                             |
| 15.09.            | Sun | Lillehammer, NOR | Lillehammer, NOR |                             |
| 21.09.            | Sat | Stams, AUT       | Stams, AUT       |                             |
| 22.09.            | Sun | Stams, AUT       | Stams, AUT       |                             |
| 28.09.            | Sat | Klingenthal, GER |                  |                             |
| 29.09.            | Sun | Klingenthal, GER |                  |                             |
| 05.10.            | Sat |                  |                  | Villach, AUT (Women/Men)    |
| 06.10.            | Sun |                  |                  | Villach, AUT (Women/Men)    |

Youth Olympic Winter Games, Lausanne (SUI), 10.-19.01.2020

FIS Nordic Junior World Ski Championships, Oberwiesenthal (GER), 28.02.-08.03.2020

FIS Ski Flying World Championships, Planica (SLO), 20.-23.03.2020